

Academy of Our Lady of Grace

June 2018 Lunch Menu

NUTRITION NEWS: Did you know June is National Dairy Month? Dairy is important because it contains nine essential nutrients, including vitamin D and calcium. Try to get three servings of dairy per day to get the nutrients you need to build strong bones! Incorporate dairy into your diet by creating a delicious Greek yogurt dip or sprinkle some low-fat cheese on top of your spinach salad. We've got you covered at lunch as your meal always comes with a milk option.

SIDEKICKS

- Soup w/ Crackers \$1.00
- Small Cookie \$0.50
- Fresh Fruit \$0.75
- Ice Cream \$1.00 to \$1.50
- Assorted Chips \$0.75
- Warm Pretzel \$1.00

Student Lunch \$3.25
Entrée a la Carte \$2.00

Beverage Choice:

Your Meal Comes w/ the Choice of:
Flavored/Unflavored
Low Fat Milk,
100% Fruit Juice, or Water

Maschio's Swap Outs

- Monday:** Chicken Caesar Salad
- Tuesday:** Breaded Chicken Sandwich
- Wednesday:** Turkey and Cheese Sandwich
- Thursday:** Ham and Cheese Sandwich
- Friday:** Tuna Salad Sandwich

Maschio's Swap Outs Available Daily

Yogurt Bag
Bagel Bag

Monday	Tuesday	Wednesday	Thursday	Friday
				1 Half Day No Lunch Served
4 Chicken Nuggets Dinner Roll Steamed Vegetables Fresh or Chilled Fruit	5 Hamburger or Cheeseburger on a Bun Sweet Potato Fries Fresh or Chilled Fruit	6 Tacos with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes, & Salsa Steamed Corn Fresh or Chilled Fruit	7 Grilled Cheese Sandwich Potato Wedges Steamed Vegetables Fresh or Chilled Fruit	8 Pizzeria Pizza Freshly Prepared Caesar Salad Fresh or Chilled Fruit
11 Chicken Dippers Dinner Roll Steamed Vegetables Fresh or Chilled Fruit	12 Ham & Cheese Melt on a Croissant Oven Fries Fresh or Chilled Fruit	13 Creamy Mac & Cheese Soft Pretzel Stick Green Beans Fresh or Chilled Fruit	14 Half Day No Lunch Served	15 Half Day No Lunch Served
18 Half Day No Lunch Served LAST DAY OF SCHOOL	19	20	21	22
25				28

Connect with us!   

Please use your weekly envelopes to order lunch.
Make Checks Payable to: **Maschio's Food Services, Inc.**

Questions or Concerns?
Please Visit www.MaschioFood.com
or Email Maschio's Food Manager at lunch@aolgfairview.org

MENU SUBJECT TO CHANGE


Maschio's
Food Services, Inc.

"This institution is an equal opportunity provider"