



Academy of Our Lady of Grace Pre-K

March 2018 Lunch Menu

NUTRITION NEWS: Celebrate National Nutrition Month® and "Go Further with Food!" The foods we choose can make a real difference in how we think, learn, and play! Here are some tips to "Go Further with Food" this month:

- Make an effort to include a variety of healthy and colorful foods from all the food groups daily!
- Be sure to consume the appropriate portion size. Don't forget to use MyPlate as a guide for choosing the best foods to fuel your body!
- Think outside the box. Discover activities that you look forward to and make yourself a goal to be physically active every day.

Beverage Choice:

Student Lunch \$3.25
Entrée a la Carte \$2.00

Your Meal Comes w/ the Choice of:

Flavored/Unflavored
Low Fat Milk ,
100% Fruit Juice, or Water

Maschio's Swap Outs

Monday: Chicken Caesar Salad
Tuesday: Breaded Chicken Sandwich
Wednesday: Turkey and Cheese Sandwich
Thursday: Ham and Cheese Sandwich
Friday: Tuna Salad Sandwich

Maschio's Swap Outs Available Daily

Yogurt Bag
Bagel Bag

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|---|---|--|
|  | <i>Happy Spring!</i>  | | 1 Pizzeria Pizza Freshly Prepared Caesar Salad Fresh or Chilled Fruit | 2 Half Day No Lunch Served <i>Dr. Seuss' Birthday Read Across America</i> |
| 5 Popcorn Chicken Soft Pretzel Stick Fresh Celery Dippers Fresh or Chilled Fruit | 6 Breakfast for Lunch Waffles Breakfast Sausages Hash Browns Fresh or Chilled Fruit | 7 Pasta with Meat Sauce Garlic Bread Sautéed Spinach Fresh or Chilled Fruit | 8 Chicken Fries Dinner Roll Battered French Fries Fresh or Chilled Fruit | 9 Pizzeria Pizza Freshly Prepared Italian House Salad Fresh or Chilled Fruit |
|  SCHOOL BREAKFAST National School Breakfast Week | | | | |
| 12 Meatless Monday Grilled Cheese Sandwich Tomato Soup Fresh Veggie Dippers Fresh or Chilled Fruit | 13 Breakfast for Lunch Pancakes Breakfast Sausages Sweet Potato Tots Fresh or Chilled Fruit | 14 Chicken Nuggets Dinner Roll Peas & Carrots Fresh or Chilled Fruit | 15 Creamy Mac & Cheese Dinner Roll Potato Wedges Fresh or Chilled Fruit | 16 Lucky Tray Day! New Recipe! Pizzeria Pizza Freshly Prepared Caesar Salad Gelatin Fruit Cups |
| 19 Chicken Nuggets Dinner Roll Emoji Fries Fresh or Chilled Fruit | 20 Spring Picnic Pizza Bagels Cucumber Coins Fresh or Chilled Fruit <i>1st Day of Spring</i> | 21 Pasta with Meatballs Vegetable Medley Fresh or Chilled Fruit | 22 Popcorn Chicken Buttered Noodles Potato Wedges Fresh or Chilled Fruit | 23 Pizzeria Pizza Freshly Prepared Cucumber & Tomato Salad Fresh or Chilled Fruit |
| 26 Meatless Monday Cheese Lasagna Rollup with Marinara Sauce Warm Breadstick Broccoli Italiano Fresh or Chilled Fruit | 27 Pizzeria Pizza Freshly Prepared Caesar Salad Fresh or Chilled Fruit | 28 Half Day No Lunch Served | 29 School Closed | 30 School Closed |

Connect with us!   

Please use your weekly envelopes to order lunch.
Make Checks Payable to: **Maschio's Food Services, Inc.**

Questions or Concerns?
Please Visit www.MaschioFood.com
or Email Maschio's Food Manager at lunch@aolgfairview.org

MENU SUBJECT TO CHANGE



"This institution is an equal opportunity provider"