



























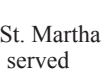





# JULY

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>1</p>  <p>Pray the "Glory Be" as a family in honor of the Blessed Trinity.</p>	<p>2</p>  <p>Bless each child this morning before the day's activities begin.</p>	<p>3</p>  <p>Honor St. Thomas, patron saint of architects, by making a house out of marshmallows and toothpicks.</p>	<p>4</p>  <p>Happy 4th of July! Offer a family prayer for troops overseas.</p>	<p>5</p>  <p>Make a time-capsule and let everyone contribute something: family photos, holy cards, keepsakes. Open it at the end of the summer.</p>	<p>6</p>  <p>Attend First Friday Mass or Benediction as a family.</p>	<p>7</p>  <p>Draw pictures of your favorite sacred images – saints, crosses, angels – and put them up around your home.</p>
<p>8</p>  <p>After Mass today, write a family prayer to say every Sunday this summer.</p>	<p>9</p>  <p>Recite the Apostle's Creed as an act of faith.</p>	<p>10</p>  <p>Visit a nearby park and enjoy God's creation. Don't forget the sunscreen.</p>	<p>11</p>  <p>Catch fireflies in a jar. Release them before you go to bed.</p>	<p>12</p>  <p>Learn about a saint you don't already know and devise ways to imitate him or her.</p>	<p>13</p>  <p>Family Fun Night: Play board games, sing songs, eat popcorn together.</p>	<p>14</p>  <p>In honor of St. Kateri Tekakwitha, take a nature walk.</p>
<p>15</p>  <p>Say a prayer for someone going through a difficult time today.</p>	<p>16</p>  <p>Go stargazing. Lie on a blanket in your backyard together and gaze at the night sky.</p>	<p>17</p>  <p>Pray together for a person in the news.</p>	<p>18</p>  <p>Take a family vow to speak only kind words today.</p>	<p>19</p>  <p>Attend daily Mass today. Pray for your family.</p>	<p>20</p>  <p>Abstain from TV as a Friday sacrifice.</p>	<p>21</p>  <p>In honor of St. Joseph, do something nice for your father.</p>
<p>22</p>  <p>Listen carefully to Father's homily at Mass today and talk about something you learned.</p>	<p>23</p>  <p>Share a story about Jesus with someone else, just like the Apostles did.</p>	<p>24</p>  <p>Make one positive choice today that will make a difference at home.</p>	<p>25</p>  <p>Serve fish tonight for dinner in honor of St. James who was a fisherman.</p>	<p>26</p>  <p>Pick up a blade of grass and think about the one who made it.</p>	<p>27</p>  <p>Say, "I forgive you" to someone who hurt you.</p>	<p>28</p>  <p>Visit a nursing home. Be prepared to stay and listen for a little while.</p>
<p>29</p>  <p>St. Martha served Jesus with love. After Mass today, prepare a treat or snack for someone else in her honor.</p>	<p>30</p>  <p>Pick a Beatitude and live it all day (Matthew 5:3-11).</p>	<p>31</p>  <p>Play a card game together.</p>				



# AUGUST

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>1</b> St. Alphonsus Liguori loved the Eucharist. In his honor, visit Jesus in the Blessed Sacrament in the tabernacle in your parish.	<b>2</b> <p>Watch a science program together on TV. Marvel at the wonders God has created.</p>	<b>3</b> <p>Send a note to your pastor or favorite priest to thank him for his guidance and sacrifice.</p>	<b>4</b> <p>Attend Confession as a family, then have a family dinner afterwards to celebrate.</p>
<b>5</b> <p>Eat ice-cream sundaes after Mass today to celebrate the Lord's Day.</p>	<b>6</b> The Transfiguration: Wear something white to remember that Jesus' clothes turned "dazzling white" (Luke 9:29).	<b>7</b> <p>Be a peacemaker. Do something nice for someone you don't like.</p>	<b>8</b> <p>St. Dominic spread devotion to the Rosary. In his honor, pray a family Rosary together.</p>	<b>9</b> Create a prayer space outdoors. Find a shady tree, place a curcifix or a statue of Our Lady at the base, and share time in quiet prayer.	<b>10</b> <p>Do something special for someone you love.</p>	<b>11</b> <p>Celebrate the patron of television, St. Clare, by watching family-oriented shows together.</p>
<b>12</b> Jesus is the Bread of Life. Eat bread with every meal today in his honor. At Mass today, thank Jesus for the gift of the Eucharist.	<b>13</b> <p>Pray for all the suffering souls in Purgatory.</p>	<b>14</b> <p>Blow bubbles outdoors and think of Heaven as they rise.</p>	<b>15</b> <p>The Assumption: Celebrate Mary's Assumption by attending Mass and praying the Memorare together.</p>	<b>16</b> Make popsicles: blend fruit, sugar, and yogurt and pour into Dixie cups. Insert popsicle sticks and freeze. Enjoy!	<b>17</b> <p>Family Game Night: Turn off electronic entertainment and take a walk tonight.</p>	<b>18</b> <p>Celebrate the joy of laughter by renting a funny movie or telling jokes.</p>
<b>19</b> <p>Attend Mass as a family and pray for peace.</p>	<b>20</b> <p>Make dinner as a family, give everyone a job, and sit down to eat it together.</p>	<b>21</b> <p>Ask the pastor what your family can do to help out in the parish.</p>	<b>22</b> Celebrate Baptism. Have a backyard water fight, complete with water balloons, squirt guns, and the garden hose!	<b>23</b> <p>Bake cookies together. Discuss how we can follow God's recipe for our lives.</p>	<b>24</b> <p>Share a simple, meatless meal and put the money saved in the poor box at church.</p>	<b>25</b> <p>Gather all the loose change in the house and put it in the collection basket during Mass this weekend.</p>
<b>26</b> <p>Share God's love by inviting a parish family to Sunday lunch after Mass.</p>	<b>27</b> <p>Read a story from the Bible and spend 10 minutes in silence thinking about what you just read.</p>	<b>28</b> <p>In honor of St. Augustine, start a good habit and practice it all day.</p>	<b>29</b> <p>Have an end-of-summer picnic in the backyard or on the living room floor.</p>	<b>30</b> <p>Talk about what you would say to Jesus if he came to visit you in your home.</p>	<b>31</b> <p>Learn a Latin phrase such as "Ora Pro Nobis" ("pray for us") and say it over and over again today.</p>	